



'Be transformed by  
the renewing of  
your mind'  
See Page 4B



THE FRONTLINE



We are the Army's Home

WINN-ING  
YOUR WAY  
TO HEALTH



PAGE 3B

1B

# COMMUNITY & LEISURE

MARCH 3, 2011



Spc. Michael Adams

**Wil B (Left) and Kev Marcus (Above), who form the duo Black Violin, performs at a Black History Month Celebration on Fort Stewart, Feb. 24.**

## Black Violin performs for Stewart

**Spc. Michael Adams**  
3rd ID Public Affairs

The Third Infantry Division Equal Opportunity Office sponsored a Black History month celebration with a performance by Black Violin, an African-American duo who play the violin to the beat of numerous songs, ranging from old-school soul to modern hip-hop.

While the music was more contemporary, they did

play some classical music as well as improvisational violin playing. They performed with DeeJay TK, who provided tracks they performed to.

"Black Violin has a mix of everything," said Wil B, one of the members of the group. "We don't have a demographic. We try to play something that a 3-year-old could understand or a 70-year-old can understand. It is a mesh of classical and hip-hop primarily, but there is an element of jazz, R&B, funk and everything in between."

Kev Marcus is the other member of the duo. "When you come to a Black Violin show, it's all about fun and relaxing," he said. "Forget all about the stress at home. Just come to the show, bring your cousins, your grandmother and your mother."

The group has an extensive history performing for servicemembers, dating back to 2007. They performed for the 3rd Infantry Division and other deployed servicemembers at Contingency Operating Base Speicher, Iraq, during the division's most recent deployment.

See DUO \_\_\_\_\_ Page 7B

## Hunter Army Airfield celebrates Black History

**Sgt. Patience Okhuofu**  
3rd Sustainment Brigade Public Affairs

The first annual Black History Month celebration was held at the Truscott Air Terminal, Hunter Army Airfield, Feb. 24. The event, hosted by the 260th Quartermaster Battalion, featured the Savannah State University choir, gospel dancers from St. John Church, and 10-year-old vocalist Skyye Williams of Savannah who received a standing ovation for her beautiful rendition of "God

bless America."

Savannah native, Mr. Sage Brown, was the guest speaker at the event. "He kept us attentive," said Sgt. Rebecca Overshawn of 473rd Quartermaster Company. "Knowing he played a part in Black history and that he was there during the Civil Rights movement made me see Black history in a different light."

Brown, a well known attorney in Savannah served in the United States Army from May 1966 to March 1973. He served in combat in Vietnam for three

tours of duty, 30 months as a rifle company commander and team leader. Brown was discharged at the rank of captain in 1973. He received numerous decorations to include the Purple Heart for wounds received in combat.

In his speech, Brown talked about the role of the military in Black history. "The reason much is not known about the military's role is because it did not tell its story. The military waited on others to tell it," said Brown.

Brown enlightened the Soldiers, friends and Family Members present

on the elimination of segregation in the military and how in October of 1953 all military services became integrated. "Just as in history, the military men and women in today's Army are ambassadors of humanity," said Brown. Do not let anyone tell you that you have not contributed to this great nation. When you deploy to foreign countries you are carrying a lot more than bullets and beans; you are carrying a moral standard, a commitment to humanity."

See HISTORY \_\_\_\_\_ Page 7B

## Tips for toddler discipline

**Ellisha M. Smith**  
New Parent Support Program

As a New Parent Support worker at the Fort Stewart Army Community Service, I am often asked, "How do I get my toddler to listen and behave?"

There are many techniques recommended by the experts (I know, the bookshelf in my office is filled with them), but how does a parent know which is most effective and when do they have the time to read the literature?

Well, never fear, your New Parent Support staff at Fort Stewart and Hunter Army Airfield are here to help. This is the first of a four part series of articles that focuses on two new tips to help answer these popular questions.

Let's begin with the **first tip**: Guide Little Hands.

According the *Askdrsears.com*, a young child will try to explore and will use his or her hands to do this in the most effective manner. Doctor Sears' advice is to use word association to assist them in learning what is okay for them to touch or not touch. He suggests you use "yes touch" for things that are safe to touch and "no touch" for things off limits. He also says you can use other variations such as "hot touch" or "owie touch" for them to dif-

ferentiate between things that are off limits to them and things that are unsafe for them to touch.

The **second tip** that *Askdrsears.com* recommends is to respect little grabbers. This means instead of snatching something they may be about to topple over by grabbing it, you should try to divert their attention to something else they may like instead and then move the other item out of their reach.

Doctor Sears' makes this suggestion, because while you may have saved yourself from a physical mess, you have now upset/scared the child and created an emotional mess which is much harder to clean up.

Children need adults to model the behavior they expect from them so show them how they can appropriately get the item they are trying to obtain.

Next time, there will be two more helpful tips on toddler discipline or you can contact a home visitor with the New Parent Support Program.

Your ACS also offers a monthly Chasing Toddlers class, which is a three-part series on toddler discipline. Call (Stewart) 912-767-5058 or (Hunter) 912-315-6816 for more information, and you can also register for a class on the ACS webpage located on the Team Stewart site [www.stewart.army.mil](http://www.stewart.army.mil).

## Stewart-Hunter Soldiers involved in Read Across America Program



Sgt. Dustin Gautney, 2HBCT Public Affairs

**Private Ruby Lee, 26th Brigade Support Battalion, 2nd Heavy Brigade Combat Team, 3rd Infantry Division, read to students March 1 at Jordye Bacon Elementary School. Several 3rd ID Soldiers will be reading at various locations as part of the 2011 Read Across America Campaign.**



## 'UNKNOWN' FEATURES NEESON AT HIS BEST



**Sasha McBrayer**  
*The Frontline Contributor*

Do you remember the career Nicolas Cage enjoyed in the '90s? At that time, he filmed "The Rock," "Face/Off," "Conair" and "City Of Angels." He was doing pretty well, though perhaps not so much any-

more. Well, another actor, who has been in Hollywood for quite some time, is now enjoying similar success. Sorry Nic, you've been replaced. Want to hear by whom? I'll fill you in.

In March 2009, actor Liam Neeson suffered the tragic loss of his wife, Natasha Richardson. In recent interviews, Neeson has spoken of throwing himself into his work after her death. He called it "running away some." Though no one would ever wish the actor's present situation upon him, filmgoers are definitely benefiting from more Neeson films hitting the big screen.

Neeson seemed to re-emerge as an action star

beginning with the riotous ride, "Taken." He followed up with films like "After Life" (one of the best DVDs of 2010, by the way), "The A-Team," and "The Next Three Days." So move over Nicolas Cage because Neeson's latest action thriller is called "Unknown."

In "Unknown," Neeson's character is on a business trip to Germany with his beautiful wife. Following a sudden car accident, however, he winds up in a comma for four days sans identification and suffering some memory loss. When he tracks his wife down, she says she doesn't know him and the man on her arm claims the same identity as Neeson. Uncovering the truth gets tricky when hit men pursue Neeson relentlessly.

"Unknown" received mixed reviews last weekend with many critics calling the events of the picture implausible. The situation registered as pretty believable to me, however, (for an action flick) and Neeson, as always, was a joy.

I look forward to another excuse to watch him beat up some more bad guys very soon.

I'm a fan.



**P R E S E N T S**  
**TODAY THROUGH SATURDAY**

### Country Strong

**Today — 7 p.m.**  
(Gwyneth Paltrow, Tim McGraw)

Soon after a rising young singer-songwriter gets involved with a fallen, emotionally unstable country star, the pair embarks on a career resurrection tour helmed by her husband/manager and featuring a beauty-queen-turned-singer. Between concerts, romantic entanglements and old demons threaten to derail them all.

*Rated PG-13 (thematic elements involving alcohol abuse and some sexual content) 117 min.*

### The Green Hornet

**Friday — 7 p.m.**  
**Saturday — 4 p.m.**  
(Cameron Diaz, Seth Rogen)

Britt Reid, son and heir to Los Angeles' largest newspaper fortune, is a rich, spoiled playboy who has been happy to maintain a direction-less existence. When his father James Reid dies, Britt meets an impressive and resourceful company employee, Kato. They realize that they have the resources to do something worthwhile with their lives

and finally step out of James Reid's shadow. Kato builds the ultimate weapon, The Black Beauty, an indestructible car with every weapon imaginable and Britt decides that in order to be heroes, they will pose as villains. With the help of Britt's new secretary, Lenore Case, they learn that the chief criminal in the city is named Benjamin Chudnofsky. He has united all the gangs under his power, and he quickly sees that the Green Hornet is a direct threat to the prosperous criminal underworld he controls.

*Rated PG-13 (sequences of violent action, language, sensuality and drug content) 108 min.*

### The Rite

**Saturday — 7 p.m.**  
(Anthony Hopkins, Colin O'Donoghue)

"The Rite" follows skeptical seminary student Michael Kovak, who reluctantly attends exorcism school at the Vatican. While he's in Rome, Michael meets an unorthodox priest, Father Lucas, who introduces him to the darker side of his faith, uncovering the devil's reach even to one of the holiest places on Earth.

*Rated PG-13 (language, brief nudity/ sexuality, some violence and a drug reference) 130 min.*



Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel or substitute showings as needed. For more information, call 912-767-3069 or go to [www.aafes.com/ems/conus/stewart.htm](http://www.aafes.com/ems/conus/stewart.htm).

For more information, visit the Frontline online at

[www.stewart.army.mil](http://www.stewart.army.mil)

**Team Stewart**

Share your comments at [www.twitter.com/3rdIDMediaTeam](http://www.twitter.com/3rdIDMediaTeam)



## The Great MWR Yard Sale

Saturday, April 16 • 8:00 a.m. - 2:00 p.m.

Club Stewart Parking Lot & Homes all over Post Housing  
Hunter Credit Union Parking Lot & Homes all over Post Housing

Register until: April 13 (Post Housing), April 13 (Parking Lot Space)  
(Housing area free-must sign up & Parking Lot \$5.00 per space)

Call 767-8238, Fort Stewart's Bennett Sports Complex, OR  
Call 315-5078, Tominac Fitness Center, Bldg. 919  
to sign up or for more information

Goodwill will be available to collect donations at Club Stewart Parking Lot & Hunter Credit Union Parking Lot at 2pm until truck is full. You may also donate to the HAAF Thrift Store; to arrange donation there, call 352-0376.

**SHOWTIME**  
*with Sasha*



**MAKE THE RIGHT MOVIE CHOICE**

Get Sasha's take on the best movies. You'll get great information on good movies and not-so-good movies.

**This Week: DEVIL**

Catch Showtime with Sasha by clicking on Liberty County's most popular website.

**coastalcourier.com** *Connect*  
LIBERTY'S ONLINE GATHERING PLACE STEWART/HUNTER.COM



# WINN-ING your way to HEALTH

## National Nutrition Month: Eat right with color

**Capt. Bridget Owens**  
Winn Army Community Hospital

March is National Nutrition Month, which makes it a perfect month for you and your Family to focus on healthy eating.

Your Fort Stewart dietitians are ready with many activities to help you learn fun and easy ways to eat healthier and feel better. Come out and join us at one of the events listed below:

**March 9** - 8:30 a.m. and 10 a.m.: Commissary Tours at Fort Stewart Commissary (please call 912-435-6707 to sign up)

**March 9** - National Registered Dietitian Day

**March 30** - 9-11 a.m: Nutrition Information Booth at the Fort Stewart PX

Also, be sure to check out our display at the Fort Stewart Library all month and a different display each week at Winn Army Community Hospital Dining Facility.

This year's theme is "Eat Right with Color." Choosing foods in a variety of colors provides your body with many different vitamins and minerals to

keep you healthy and fit. You can often find the widest variety of colors in foods like fruits and vegetables.

It is recommended for all Americans to get at least five servings of fruits and vegetables each day, making sure you and your Family are eating enough. Fruits and vegetables can help your health in many ways, including: improved digestion, healthier skin and hair, improved immunity, more energy, and better control of your weight.

The pigments or colors in fruits and vegetables are the disease fighting components that help your body fight off illnesses and disease. A diet high in fruits and vegetables in a wide variety of colors may help prevent some types of cancer, lower blood pressure and cholesterol levels, and decrease your risk of heart disease.

Each color offers a different health benefit for your body as well as an appetizing array of textures and flavors!

Choosing fruits and vegetables of different colors can also help your budget when you buy fresh fruits and vegetables that are in season and locally grown.

Buying fresh produce in season and locally grown

is usually less expensive because it doesn't have as far to travel. Doing this will not only benefit your health and your wallet, but will also benefit the environment.

The five categories of colors to look for when shopping or dining out include: red, orange/yellow, green, blue/purple, and white.

Until next time, have a healthy month, and bon appetit!



## TRICARE officials promote colorectal cancer screening

*Air Force News Service*

**FALLS CHURCH, Va** - Colorectal cancer is the third most common cancer among men and women in the United States. Of cancers affecting both men and women, it is the second leading cause of cancer-related deaths in the US, according to officials with the Centers for Disease Control and Prevention.

The beginning stages of colorectal cancer often have no symptoms. Because of this, early screening saves lives. The CDC officials estimate at least 60 percent of colorectal cancer deaths could be prevented with regular screening of everyone aged 50 or older.

For TRICARE Prime and Standard

beneficiaries, there are no cost shares or co-pays for colorectal cancer screenings, as well as many other important preventive care services.

For Medicare-eligible beneficiaries covered by TRICARE For Life, Medicare covers colorectal cancer screening tests and TRICARE generally pays the remainder of any costs not paid by Medicare.

Aging increases the risk of developing colorectal cancer, with more than 90 percent of cases occurring in those aged

50 or older. Other risk factors include inflammatory bowel disease, personal or Family history of colorectal cancer or polyps and certain genetic disorders.

Some lifestyle factors also may contribute to a person's risk, such as lack of physical activity, low fruit and vegetable intake, low fiber, high-fat diet, overweight and obesity, alcohol consumption and tobacco

use, according to the CDC.

According to the CDC, when colorectal cancer is found early and treated, the five-year relative survival rate is 90 percent. Today's technology is a powerful

tool for catching colorectal cancer and other cancers.

There are many types of screening tests available to find colon polyps or colorectal cancer. Beneficiaries 50 and older should have annual fecal occult blood testing, a proctosigmoidoscopy or sigmoidoscopy every three to five years, or a colonoscopy every 10 years. Those with a higher risk of colorectal cancer due to any of the risk factors previously mentioned, should talk to their doctor about earlier screenings, even as young as age 25.

To learn more about colorectal screening, check CDC the Screen for Life campaign at [www.cdc.gov/screenforlife](http://www.cdc.gov/screenforlife). For more information about TRICARE's coverage of colorectal cancer screenings, visit [www.tricare.mil](http://www.tricare.mil).

“ **Colorectal cancer is the third most common cancer among men and women in the United States.** ”

—AIR FORCE NEWS SERVICE



## CHAPLAIN'S CORNER

**Chaplain (Maj.) Raymond Koop**

*Warrior Transition Chaplain*

Enough is enough.

I've had it with those who want to call sinful behavior good, and good behavior repressive and stifling.

I'm tired of hearing public relation experts explain away the indecent, immoral, and criminal behavior of their client as a peccadillo.

Let's stop ignoring it, excusing it, and rationalizing it. Let's be honest with ourselves and with each other.

Let's call immoral behavior for what it is--sin.

Mistakes, errors, and faults have negative consequences to us and to others. Denying, defending, excusing, rationalizing, and justifying our wrongs lull us into complacency and fail to reform us.

The ungodly want to squeeze you into their mold.

The unrighteous want to deceive you with their corrupt reasoning. Their thinking is futile, their understanding is darkened, their minds are ignorant, and their spiritual compass is defective.

They seek to take you captive by their hollow and misleading views that depend upon human tradition and the base principles of this world.

Rather than conforming to those, who have no spiritual values, be transformed by the renewing of your minds.

The apostle Paul put it this way, "Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things" (*Philippians 4:8*). Set your minds on higher things, rather than the base things of this world.

If we are going to stop the stinking thinking, we will have to be honest with ourselves and with each other. By being honest, we will obtain a true picture

of us, and the truth will allow us to become free.

*What we think shapes who we are and how we act (Proverbs 23:7).* The process of change begins with an idea. That idea then becomes a personal goal, which when implemented the goal becomes reality.

*We break free from the status quo, conformity, and negative peer pressure by renewing our minds (Romans 12:1-2).* Failure to make this transition will keep us stuck in the rut of obsolete thinking.

*Transformation is fundamentally a spiritual metamorphosis, and is most evident when a person becomes a child of God (II Corinthians 5:17).* It is the change of the will. Many people fail to change not because they can't, but because they won't.

Do you want to make positive changes in your life? Contact your unit chaplain, and attend the chapel, church, mosque, synagogue, or temple of your choice.

### Chapel Schedule

#### Fort Stewart

Catholic	Location	Time
Sunday Mass	Main Post Chapel	9 a.m.
<b>Protestant</b>		
Contemporary Worship	Marne Chapel	11 a.m.
Gospel Worship	Main Post Chapel	11 a.m.
Traditional Worship	Marne Chapel	9 a.m.
Liturgical Worship	Heritage Chapel	10 a.m.
Kids' Church	Main Post Chapel	11 a.m.
PWOC (Wednesday)	Main Post Chapel	9:30 a.m.

**Islamic Prayer**  
Main Post Chapel

**Jewish Prayer**  
Marne Chappel

#### Hunter Army Airfield

<b>Catholic</b>		
Sunday Mass	Hunter Chapel	11:15 a.m.
Weekday (M,W,F) Mass	Hunter Chapel	11:45 a.m.
<b>Protestant</b>		
Sunday Service	Hunter Chapel	9 a.m.
Kids' Church	Hunter Chapel	9 a.m.

### Kid's Church at Main Post Chapel

11 a.m. to noon

Bus Pick-up at Marne Chapel  
10:50 a.m.

For children grades K-5

For more information contact  
Mrs. Bolton at 912-767-8801.

All children must be registered prior to  
attending Kid's Church.

### Fort Stewart Chapel Youth Ministry

*Fort Stewart Youth Ministry  
exists to share "Biblical Truth"  
with middle and high school age youth,  
to disciple them in the Christian faith,  
and to equip them for lives  
of Christian service.*

*For weekly meeting information, go to  
[www.twitter.com/ftstewartyouth](http://www.twitter.com/ftstewartyouth)  
or contact  
Michael Iliff,  
Fort Stewart Youth  
Ministry Coordinator  
at 912-813-9789.*

### Weekday Catholic Schedule

#### Roman Catholic Daily Mass:

Main Post Chapel, 11:45 a.m., on Mon., Wed.-Fri.

#### Roman Catholic Confession:

Main Post Chapel, 4 – 4:30 p.m., Saturday

For more information, visit **TEAM STEWART** [www.stewart.army.mil](http://www.stewart.army.mil)



# Coastal Happenings

## Get your Georgia park passes

Georgia state parks and historic sites are making it easier than ever for patrons to “Get Out. Get Dirty. Get Fit.” in the state's great outdoors.

Live Oak Public Libraries customers with valid Power Cards can now borrow a Georgia State Park “Park Pass” and Historic Site pass. The passes are good for free parking or admission at any of the 63 parks and historic sites statewide.

## Original production coming to Hinesville

The Liberty Theatre Company, in conjunction with the Hinesville Area Arts Council, will perform “Pieces of Home,” March 12 at the Liberty Performing Arts Center in Flemington. The show will begin at 7:30pm. Advanced tickets can be purchased for \$10 at [www.hinesvillearts.com](http://www.hinesvillearts.com) or by going to the Hinesville Downtown Development Authority (inside the old jail on Main Street) or the Liberty County Chamber of Commerce (on the corner of Ryon Avenue and Hwy 84). For more information, call 912-368-4456.

## Join Fallen Heroes Run, Walk

Community members are encouraged to remember our fallen sons and daughters at the 2011 Fallen Heroes of Georgia 10K, 5K, and 1K Memorial Run/Walk, March 19 at Lake Lanier Islands Resort, 7000 Lanier Islands Parkway, Buford, Ga.

This annual event is held in honor of the American Soldiers from Georgia, who made the ultimate sacrifice

in the defense of our freedoms in Iraq and Afghanistan since September 11, 2001.

The event includes three activities: A non-timed 1K race that starts at 8:15 a.m.; chip timed 5K that starts at 8 a.m.; and the 10K chip timed Peachtree Qualifier that starts at 8:10 a.m. The costs from now through March 9, are \$18, \$25, and \$30. For more information, visit [www.fallenheroesofgeorgia.com](http://www.fallenheroesofgeorgia.com).

## Onion festival coming soon

Get out and and enjoy the 34th annual Vidalia Onion Festival April 28 - May 1. There is something for all ages, including fireworks, arts and crafts and an air show. Performing live on stage will be Kellie Pickler and Tracy Lawrence. Gates will open by 4:00 p.m. each day.

For more information and advanced ticket purchase, visit [vidaliaonionfestival.com](http://vidaliaonionfestival.com).

## \$100K prize for coast solution

The Savannah Ocean Exchange Board of Governors announces a call for submissions for the first annual \$100,000 Gulfstream Navigator Award. The award will recognize the business, organization or individual with the best currently operational technology or solution that improves the world's coasts. Applications may be submitted online at [www.savannahoceanexchange.org](http://www.savannahoceanexchange.org), until June 1.

Global submissions will be reviewed by a panel assembled by Dr. Nancy Knowlton, Sant chair for

Marine Sciences at the Smithsonian's National Museum of Natural History. The top 10 entries will be judged by the 27 members of the Savannah Ocean Exchange's Board of Governors, along with a panel of international experts. The most promising solution will be awarded the \$100,000 Gulfstream Navigator Award at the Solutions Exchange Gala, Sept. 8, in Savannah.

The winning technology/solution will drive sustainable change; improve ecological, economic and global connectivity; and respect the unique cultural sense of place of coastal communities. The Savannah Ocean Exchange's Board of Governors and a panel of experts will work together for 12 months to implement the winning idea.

## Rabies, distemper clinic slated

A rabies and distemper vaccination clinic for dogs and cats will be held from 9 a.m - 3 p.m. Saturday in the parking lot of Fish World and Pets at 913 E.G. Miles Parkway (Highway 196) in Hinesville. Fish World and Pets is hosting the event and Animal Hospital of Glennville staff is providing the veterinary services.

Shots will be given at discounted rates; \$15 for distemper, \$10 for rabies. There is no office visit or exam fee.

It is recommended dogs be restrained on a leash or brought to the clinic in a carrier, and cats also should be brought in a carrier.

For more information, call 912-654-3644 (DOGG).

# Community, area highlights, events for March 2011

**Bruce Muncher**

*Frontline Contributor*

Welcome to the month of March - that magical month of blooming azaleas and green shamrocks, which usher in the gorgeous days of springtime made in the south.

The mornings start out crisp but by mid day, the blue skies and mild temperatures, make it the perfect time for a relaxing walk or to work in the garden.

It is that time we relish, right after the cold of winter and right before the gnats and summer humidity set in.

Our weather makes all of our northern friends green with envy or could that just be the Irish spirit in the air. They don't call it spring fever for nothing!

Also in March, the time changes and the day light elongates into more outdoor time made for Family fun.

So, enjoy your March with Family and friends and take advantage of each perfect day. Put on the shorts and sneakers, grab a sweater for the evening, take along a friend and enjoy the charm of coastal living and be sure to take in a wee bit of that Irish green.

Each new event and festival will bring with it a new adventure southern style. So be sure to venture off your normal path and enjoy some of the following events and festivities.

**March 2-28:** War of 1812 Tall Ship - Lynx, Savannah River Street, Grand arrival noon, daily tours and adventure sails, 9 a.m. – 5 p.m.tour \$5, sail \$30 - \$55; [www.privateerlynx.com](http://www.privateerlynx.com).

**March 3-6:** Charleston Food & Wine Festival, Charleston S.C.; [www.charlestonfoodandwine.com](http://www.charlestonfoodandwine.com).

**March 4-5:** 3rd Annual Mardi Gras Tybee, Savannah Tybee Island, \$10 - \$25; Ball, parade, fun; 912-786-5393.

**March 4-6:** 9th Annual Savannah International Boat Show, Trade & Convention Center, times vary each day; \$8, parking \$5, discount tickets online; [savannahinternationalboatshow.com](http://savannahinternationalboatshow.com).

**March 4:** First Friday Fireworks, Savannah River Street, 9:30 p.m.; [www.riverstreetsavannah.com](http://www.riverstreetsavannah.com).

**March 5:** First Saturday on the River, Savannah River Street, 9 a.m. – 6 p.m.; [www.riverstreetsavannah.com](http://www.riverstreetsavannah.com).

**March 8:** Community Showcase, Hunter Fitness Ctr; 10:30 a.m.-2:30 p.m.; Free, activities, events for spring and summer.

**March 8:** Spring Fling Concert, Savannah AASU Fine Arts Hall; 7:30 p.m.; \$14, military \$2 off; 912-344-

2801.

**March 8:** Air Force Concert, Savannah Johnny Mercer Theater, 8 p.m.; doors open 7 p.m.; Free; 912-651-6556.

**March 9:** Community Showcase, Club Stewart, 10:30 a.m. – 2:30 p.m.; Free, activities and events for spring and summer.

**March 11-12:** Peaches to the Beaches, longest yard sale; 8 a.m. – 5 p.m.; 212 miles Hwy 341, McRae to Brunswick.

**March 11:** Old Ft. Jackson Annual Camp-Over, Savannah Ft. Jackson; 6 p.m.; - 8:30 a.m.; \$35-\$40; 912-651-6823 ext. 203.

**March 11-13:** Extreme Monster Truck Nationals, Savannah Speedway; 8 p.m.; \$10-\$25; 912-964-8200; [www.ospracing.net](http://www.ospracing.net).

**March 12-13:** 44th Annual Claxton Rattlesnake Roundup, Claxton, Ga.; Sat, 8 a.m. – 6 p.m.; Sun, 10 a.m. – 5 p.m.; \$5

**March 12:** Tara Feis Irish Festival, Savannah Emmet Park Bay Street; 11 a.m. - – 5 pm; Free, 912-651-6417.

**March 12:** Hilton Head Wine & Food Festival, Hilton Head Island, S.C.; noon – 4 p.m.; \$40, food and fun, over 400 wines.

**March 12:** Tybee Island St Patrick's Heritage Parade, Tybee Island, Ga.; 3 p.m.; Free, Parade down Butler Ave.

**March 12:** Columbia Ballet Cinderella, Savannah Johnny Mercer Theater; 5:30 p.m.; \$20-\$37; 912-651-6556.

**March 12:** Original play Pieces of Home, Hinesville, Ga.; Performing Arts Center, 7:30 p.m.; \$10; 912-368-4456

**March 12:** Savannah Derby Devils, female roller derby; 7p.m.; \$10-\$12 military discount; [savannah-derby.com](http://savannah-derby.com).

**March 13:** Daylight Savings Time begins at 2 a.m.; Turn your clocks forward and change smoke alarm batteries.

**March 16:** Bryan Adams Concert, Savannah Lucas Theater, 8 p.m.; \$39 - \$79; 912-545-5050.

**March 17:** Saint Patrick's Day, Enjoy the Greening of Savannah at the 187th parade; parade begins at 10:15 a.m.

**March 17-31:** 64th Annual Spring Festival of Houses & Gardens, Charleston S.C.; 843-722-3405.

**March 18-20:** Charleston International Antiques Show, Charleston, S.C., 10 a.m. – 6 p.m.; 843-723-1623.

**March 18-27:** Macon Cherry Blossom Festival, Macon Ga.; Most events free; [www.cherryblossom.com](http://www.cherryblossom.com).

**March 19:** Fallen Heroes of Georgia Run/Walk, Lake Lanier Resort in Buford, Ga.; 8 a.m.; \$18 - \$35; [www.fallenheroesofgeorgia.com](http://www.fallenheroesofgeorgia.com).

**March 19:** TNA Wrestling Live, Savannah Civic Center; 7:30 p.m.; \$20 - \$50; 912-651-6556.

**March 19:** Comedian Kevin Hart, Savannah Johnny Mercer Theater; 8 p.m. & 10:30 p.m.; \$40-\$50; 912-651-6556.

**March 20:** Vernal Equinox begins; the first day of Spring.

**March 23:** Friends of Fraser Annual Fundraising Luncheon in support of The Fraser Counseling Center, Hinesville YMCA, Noon – 1 p.m. Please RSVP to David Morris at 912-369-7777 by March 11; [www.frasercenter.com](http://www.frasercenter.com).

**March 24 - April 9:** Savannah Music Festival, Georgia's largest musical arts festival and one of the most distinctive cross genre music festivals in the world; 912-525-5050; [www.savannahmusicfestival.org](http://www.savannahmusicfestival.org).

**March 24-27:** Savannah Tour of Homes, Savannah, Ga.; \$25 - \$40; 912-234-8054; [www.savannahtourof-homes.org](http://www.savannahtourof-homes.org).

**March 26-27:** RK Gun Show, Savannah Civic Center; Sat, 9 a.m. - 5 p.m. and Sun, 10 a.m. - 5 p.m.; \$9; 912-651-6556.

**March 29:** Harlem Globetrotters, Savannah Civic Center; 7 p.m.; \$20 - \$84; 912-651-6556.

[festivalsandevents.com](http://festivalsandevents.com)  
[savannahvisit.com/events](http://savannahvisit.com/events)  
[web.georgia.org/events/](http://web.georgia.org/events/)  
[www.connectstewarthunter.com/](http://www.connectstewarthunter.com/)  
[www.stewart.army.mil](http://www.stewart.army.mil)

You can check out all of the above local events and many others in the surrounding area by going viewing the Fort Stewart Internet, Quality Time Magazine, Quality Time Calendar or one of the other sites listed above.

You can also follow the 3rd ID on Facebook and Twitter, read The Daily Marne Blast and view the Marne Report. Stay connected with your Marne Team and the coastal empire.

As we move into March, we become more active as we begin to get out and walk, run, work in the garden or around the house. Be sure to exercise safety precautions in everything you do. Safety is a mission that we all must take very serious.

So, enjoy your time with Family and friends but always think safety first. We want to see you through a month full of fun and adventure.

# Special Deliveries



Provided by Winn Army Hospital

## February 20

**Benjamin Theodore Rutkowski**, a boy, 9 pounds, 11 ounces, born to Sgt. Matthew John Rutkowski and Annessa Allis Rutkowski.

## February 21

**Aubrey Jayce Smith**, a girl, 6 pounds, 12 ounces, born to Spc. Nadia Shana Smith.

## February 23

**Klara Doreen Paul**, a girl, 7 pounds, 15 ounces, born to Pfc. Derek Crawford Paul

and Kassandra Renee Paul.

## February 24

**Jayce Allen Pierce Funsten**, a boy, 8 pounds, born to Spc. Allen Funsten and Haleigh Funsten.

**Caleb Jaden Williams**, a boy, 7 pounds, 2 ounces, born to SPC Ty Rad Williams and Brittnei Kaye Williams.

## February 25

**Ka'iulani Rocsan Burns**, a girl, 8 pounds,

6 ounces, born to Sgt. Tristan C. Burns and Alaisea Farah Burns.

## February 27

**Quincey Edward Urban**, a boy, 7 pounds 7 ounces, born to Spc. Michael E. Urban and Kristen L. Urban.

## February 28

**Olivia Kristine Mathis**, a girl, 7 pounds, 8 ounces, born to Mr. Randle Mathis and Capt. Katelyn Mathis.



## DUO from Page 1B

The group has toured with some of music's most popular acts, including Jay-Z, Alicia Keys, Aerosmith, P-Diddy and Aretha Franklin.

One person who saw the performance was very happy with what she saw.

"The show was wonderful," said Etheadore McMichael, finance military pay technician for Fort Stewart. "They're very diverse; they have a very wide background in musical talent. I think this is awesome for Black History Month. There should be more activities or more information that

show black people doing different things. Everybody should be aware of them and their talent, the way they are supporting the Soldiers. I think they're awesome."

Lieutenant Colonel Shatrece Buchanan, the Equal Opportunity officer in-charge for 3rd ID, thanked Black Violin for performing and for helping to be a part of Stewart's celebration of Black History Month. She added when saw the group perform at COB Speicher and she wanted Fort Stewart to see the talented group back home.



Spc. Michael Adams

**Wil B (Left) and Kev Marcus (Right), who form the duo Black Violin, performs at a Black History Month Celebration on Fort Stewart, Feb. 24.**

## Soldiers meet, greet congressional representative



Photo by Spc. Michael Adams

**Adam Sullivan, chief of staff to Rep. Jack Kingston, who's district includes Fort Stewart and Hunter Army Airfield, greets Sgt. 1st Class Gene Elliott, a platoon sergeant with the Warrior Transition Unit at Fort Stewart March 1. Sullivan, who recently was appointed Kingston's chief of staff, visited the base and its Soldiers to get an introduction to the military, which Kingston considers a vital part of his work in his district.**

## HISTORY from Page 1B

Shaunice Riley, primary advisor to the Savannah State University choir said they appreciated being given the opportunity to participate in the celebration and commended the organizers for getting someone like Mr. Sage Brown to be the guest speaker. "I especially like his approach," said Riley. "He was

very informative."

"The purpose of the celebration of Black History was to give the Soldiers an opportunity to know more about Black History," said Sgt. 1st Class Ben Carter, 260th Quartermaster Battalion equal opportunity leader. "Knowing your history is important whether it is Black, Asian or

Hispanic."

When asked why the hosting privilege was given to 260th Quartermaster Battalion and not some other battalion in garrison, Sgt. 1st Class Carter said "When you want the best, you go for the best and 260th Quartermaster Battalion is the best suited for the job."



# Balfour Beatty Communities

## Stewart

### Maskerade contest scheduled

Create a Mardi Gras mask using nothing but recyclable items and you could win a \$50 gift card! From March 1st to the 11th, complete and submit your mask at Liberty Woods Leasing Office or Southern Oaks Community Center. Masks will be judged by a group of BBC employees. Don't forget to include your name, address and phone number with your mask!

### Read your story for Dr. Seuss day

Come celebrate Dr. Seuss's birthday with us by bringing a story you've written yourself and share it with the group, March 2, from 3:30 to 4:30 p.m., at the The Southern Oaks Community Center. Or sit back and just enjoy as we read some of Dr. Seuss's classic children's books.

### Guesstures game offered

Put your acting skills to the test as we play a fun, faced paced game of Guesstures! Join the fun and games March 7 and 21, from 3:30-4:30 p.m., at the Southern Oaks Community Center.

### Eat free breakfast on Mardi Gras

Not only is March 8th Mardi Gras, but it's also International Pancake Day! So, stop by and have breakfast on us, March 8, from 8:30 to 10:00 a.m., at the Southern Oaks Community Center.

### Huddle, hot dogs meeting announced

Huddles are an opportunity for us to meet with our residents and for residents to meet their neighbors and discuss issues and ideas on how to make the community better. We need your feedback! Come join our huddle and free hot dogs, March 9, from 11:30 a.m. to 12:30 p.m., at the Southern Oaks Community Center.

### Become a belly bumper

Turn yourself into a human bumper car as you step into our inflatable belly bumpers, March 14 & 28, from 3:30 to 4:30 p.m., at the Southern Oaks Community Center. The first team to cross the finish line without getting knocked down wins!

### Geographical jogging slated

Pick your team and take your clues, March 15, from 3:30 to 4:30 p.m., at the Southern Oaks Community Center. Each clue leads to a new location somewhere throughout the entire community. The team who makes it back to the starting point first wins! Children must be 10 or older in order to participate alone. Children under 10 must be accompanied by an adult or child 10 or older.

### Register for cooking to win

Learn to cook and eat healthy as a Family by receiving tips from our chef, who knows exactly how to make eating healthy delicious! Enjoy dinner and taste for yourself, March 16, from 5-7 p.m., at the 7414A Taejon St (North Bryan Village). You must register two days in advance to participate. For more information, call 912-408-2478 or e-mail [ahumphries@bbcgrp.com](mailto:ahumphries@bbcgrp.com).

### Bike safety/obstacle course offered

Remember, safety first! We will create a challenging obstacle course for you to race your bike through and discuss important safety tips you should always remember while on your bike. Join the safety course

March 22, from 3:30 to 4:30 p.m., at the Southern Oaks Community Center.

### Minute to Win It scheduled

If you've seen the new popular t.v. game show "Minute to Win It," then you know how this game is played. Using everyday house hold items, you'll be given challenges that you must complete in only a minute. Come join the fun March 29, from 3:30-4:30 p.m., at the Southern Oaks Community Center.

### Become pieces at giant candy land game

We've put a fun twist on a childhood favorite game. In this game, you are the pieces! Make your way along the giant board as you pass through all of the delicious obstacles, March 30, from 3:30 to 4:40 p.m., at the Southern Oaks Community Center.

For more information, visit [www.fortstewartfamilyhousing.com](http://www.fortstewartfamilyhousing.com) for additional events this month.

## Hunter

### Maskerade contest scheduled

Create a Mardi Gras mask using nothing but recyclable items and you could win a \$50 gift card! From March 1st to the 10th, complete and submit your mask at Community Management Office or New Savannah/New Callaway Community Center. Masks will be judged by a group of BBC employees. Don't forget to include your name, address and phone number with your mask!

### Read your story for Dr. Seuss day

Come celebrate Dr. Seuss's birthday with us by bringing a story you've written yourself and share it with the group, March 3, from 5 to 6 p.m., at the Community Management Office. Or sit back and just enjoy as we read some of Dr. Seuss's classic children's books.

### Become a belly bumper

Turn yourself into a human bumper car as you step into our inflatable belly bumpers, March 10, from 5 to 6 p.m., at the Community Management Office. The first team to cross the finish line without getting knocked down wins!

### Huddle, hot dogs meeting available

Huddles are an opportunity for us to meet with our residents and for residents to meet their neighbors and discuss issues and ideas on how to make the community better. We need your feedback! Come join our huddle and free hot dogs, March 11, from 11:30 a.m. to 12:30 p.m., at the Community Management Office.

### Plant a plant at going green party

We'll be going green all the way for this St. Patrick's Day! Stop by our going green party and plant something green to take home, March 17, from 2-3:30 p.m., at the New Savannah/New Callaway Community Center. We'll have flower pots, seeds and a variation of small green plants to help you "go green."

### Teen tricycle races announced

Attention Teens! You're never too old to have some old fashion fun! It's probably been years since you've been on a tricycle, so we're taking you back to basics. Hop on the tricycle and race your friends to the finish line March 18, from 5-6 p.m., at the New Savannah/New Callaway Community Center.

### Geographical jogging slated

Pick your team and take your clues, March 24, from 5-6 p.m., at the New Savannah/New Callaway Community Center. Each clue leads to a new location somewhere throughout the entire community. The team who makes it back to the starting point first wins! Children must be 10 or older in order to participate alone. Children under 10 must be accompanied by an adult or child 10 or older.

### Register for cooking to win

Learn to cook and eat healthy as a Family by receiving tips from our chef, who knows exactly how to make eating healthy delicious! Enjoy dinner and taste for yourself, March 25, from 5-7 p.m. You must register 2 days in advance to participate. For more information, call 912-408-2478 or e-mail [ahumphries@bbcgrp.com](mailto:ahumphries@bbcgrp.com).

### Minute to Win It scheduled

If you've seen the new popular TV game show "Minute to Win It," then you know how this game is played. Using everyday house hold items, you'll be given challenges that you must complete in only a minute. Come join the fun, March 31, from 5-6 p.m., at the New Savannah/New Callaway Community Center.

For more information, visit [www.haafffamilyhomes.com](http://www.haafffamilyhomes.com) for additional events this month.

## Balfour Beatty offers activities for youth

### Balfour Beatty Community Press Release

At Fort Stewart and Hunter Army Airfield, teens are turning out more and more at Balfour Beatty Communities' LifeWorks events. Facilitated by Amber Humphries, LifeWorks coordinator, the youth at Stewart and Hunter are finding out that LifeWorks events is a great way to meet new friends.

"We always are trying new types of activities all the time to get all different age groups to try new experiences, especially the children and teens in our neighborhoods," Melissa Robinson said, community manager at Hunter Army Airfield. She added, "Just last month we hosted a 'Cooking to Winn' event at Hunter, which attracted dozens of teenagers from the area to come and make their own healthy shish-ka-bob, and grill them outdoors at our Community Center, played some games on Wii, and I think I can say that they actually had fun."

At Fort Stewart, Balfour Beatty revamped their community events calendar to include a daily activity, whether it is homework helpers, Wii tournaments or a basketball challenge to name a few.

Ellie Delaney, community manager at Fort Stewart, said, "Gearing different activities for different age groups makes it possible to reach a larger number of children and Families. We have some Families that participate in every activity we offer, and we all love it."

Mr. Raymond Palmer, owner and chef of Catering by Covenant, participated in the art of building the perfect shish-ka-bob to neighborhood teens at Fort Stewart-Hunter Army Airfield's 'Teen Cooking' event.



# DFMWR Briefs

## Enjoy Cinderella ballet performance

Register by Monday for the Leisure Travel trip at 7:30 p.m., March 12, to experience the dancing, comical and magical portrayal of the childhood story "Cinderella."

The \$10 per person cost is for transportation only. Performance tickets, with a 10 percent off military discount, is sold separately at Savannah Civic Center, 912-651-6551. For more information, call 912-767-2841 (Stewart) or 912-315-3674 at (Hunter).

## Community Showcase/Travel Show slated

Community Showcase/Travel Shows are scheduled from 10:30 a.m. to 2:30 p.m. at Tominac Fitness Center, building 919, Tuesday, and from 10:30 a.m. to 2:30 p.m. March 9 at Club Stewart, building 405.

The events provide Soldiers and Families from Fort Stewart-Hunter Army Airfield an opportunity to learn about travel, education, and recreation opportunities in the surrounding area.

While the travel portion of the show features activities like tours, resorts, and travel tips, the showcase also will include information about what is available in surrounding communities throughout Georgia, South Carolina, and Florida.

Booths will be staffed by local community chambers of commerce, visitor's bureaus, art clubs, cultural resources, health care, and support groups.

There is no charge to attend.

For more information, call 912-767-2841 or 912-315-3674.

## Skydive with BOSS

Registration will continue through March 9 for the BOSS skydiving event planned for noon-4 p.m., March 12 at the Atlanta Skydiving Farm. Participants will tandem jump from 14,000 feet.

The cost is \$130 per person or an additional \$100 to have the jump filmed and photographed.

For more information, call 912-767-9917.

## Youth Action meeting scheduled

Military connected youth in grades 6-12 are encouraged to attend the Youth Action Council meeting at 5 p.m., March 10, to discuss quality of life issues affecting them. Pizza will be provided after the meeting.

The meeting will be in Bryan Village Youth Center, building 7338. For more information, call the School Liaison Office at 912-767-6533.

## Parent Advisory board meeting scheduled

Parents are encouraged to attend a Parent Advisory Board Meeting at 5:30 p.m., March 10 in Bryan Village Youth Center, building 7338.

Current and future activities/events planned for Fort Stewart youth are discussed. Feedback and new ideas are requested from parents.

For more information, call 912-767-4491.

## Wear your Girl Scout uniform

Girl Scouts who wear their uniforms will be given one free game/admission at all Corkan Family Recreation facilities all day, March 12. It is Corkan's way of joining the scouts in celebrating the anniversary of their founding. For more information, call 912-767-4273.

## Register for Power lifting competition

Registration is under way for The Big Lift Power Lifting Competition, offering competitors the chance to compete in three lifts with others in their weight class. It will be held at the Newman Fitness Center starting at 10 a.m., March 19.

The BIG Power Lifting Competition will consist of three lifts: Squat, Bench Press and Dead Lift. Lifters will compete for trophies in their particular weight class.

Would-be champions can register until the day of the event. The fees are \$10 for early registration and \$15 for late registration, after March 11. For more information, call 912-767-3031/9336.

## Enjoy Youth bowling day at Hunter Lanes

Hunter Lanes Bowling Center, building 1280, is honoring youth with prices of \$1.75 per game/person and \$1.75 shoe rental from 5-9 p.m., March 12. Come on out and share the fun with your friends while you listen to music. For more information, call 912-315-6279.

## Register for bass tournament

Try your luck and test your skills during the bass tournament (total weight, five-fish maximum), which will launch at safe light about 6:30 a.m. and continue until the weigh-in at 11 a.m., March 19 at Pond 1, Pineview Lake on Fort Stewart.

Registration is being accepted at the Stewart and Hunter Pass and Permit Offices. The Stewart office is in building 8093 and the Hunter office is in building 1286.

Earlybird registration, through March 10, is \$15 for active-duty Soldiers, retirees and their Family Members and youth 16 and younger. The civilian community fee is \$25.

Registration from March 11-18 is \$20 for active-duty Soldiers, retirees and their Family Members and youth 16 and younger. The civilian community fee March 11-18 is \$30.

Late registration, from 5:30-7 a.m., March 19, is \$30 for active-duty Soldiers, retirees and their

Family Members and youth 16 and younger. The civilian community fee is \$40.

For more information, call 912-435-8061 (Stewart) or 912-315-5163 (Hunter).

## Travel to Cumberland Island trip

The CYSS registered youth will travel to Cumberland Island Seashore from 6:30 a.m.-5:30 p.m., March 26. The great barrier island off the Georgia coast is known for its wild ponies, pristine beaches and forests, Dungeness Castle and First African Baptist Church.

The trip is designed for CYSS registered youth (grades 4-12) to learn more about their surroundings and meet new friends. Registration continues through March 24.

The fee of \$10 includes transportation, ferry crossing and child supervision.

Tickets can be purchased at Parent Central Services, 912-767-2312 (Stewart) or 912-315-5425 (Hunter). No refunds granted after March 24 and a \$5 cancellation fee will be applied after March 24 or for no-shows.

Call the School Liaison Office for details. For more information, call 912-767-6533 (Stewart) and 912-315-6586 (Hunter).

## Sign-up for Families in Training

Registration is under way for Families in Training, a six-week program at Tominac Fitness Center, building 919 at Hunter Army Airfield, that develops and maintains physical activity and fitness.

This program allows Family Members to exercise individually or as a team. There's no charge, but registration will close March 28.

For more information, call 912-315-5851.

## Great MWR Yard Sale April 16

Now's a good time to start cleaning up and organizing your stuff, because the Great MWR Yard Sale is coming to Fort Stewart and Hunter Army Airfield from 8 a.m. until 2 p.m., April 16. Registration began March 1.

The Great MWR Yard Sale will be held at homes in post housing areas at Stewart and Hunter, as well as the Club Stewart, building 405, and Hunter Credit Union parking lots.

Active-duty, Family Members, retirees, National Guard and Army Civilians may sell. The cost to sell is \$5 per space. There is no charge for on-post housing sellers, but they must register. The public is invited to purchase items at the sale.

All sellers must sign up at the Sports Office, building 471 on Fort Stewart, or Tominac Fitness Center, building 919 at Hunter. For more information, call 912-767-8238 at Stewart or 912-315-2019 at Hunter. Registration ends April 14.



# Army Community Service



## ACS calendar of classes, newsletter online

The January-March calendar of classes is available for online registration. Also, check out great tips and articles in the ACS January-March Newsletter. Simply go to the Team Stewart Web site: [www.stewart.army.mil/DMWR/acs](http://www.stewart.army.mil/DMWR/acs). For more information, call 912-767-5058.

## Free classes offered at Stewart

**Thursdays**, 9-11:30 a.m.: Outreach Family Orientation (Soldier Service Center, building 253)

**Thursdays**, 1-2 p.m.: Newcomer's Windshield Bus Tour (Soldier Service Center, building 253)

**Friday**, 8:30 a.m.-12:30 p.m.: Resiliency Training for Family Members- Building Stronger Relationships, Module 4, Unit 2 (ACS, building 87)

**Friday**, 9 a.m.-12 p.m.: Risk Management for Senior Leaders (ACS, building 82)

**Monday**, 9 a.m.-3 p.m.: Check Yourself Before You Wreck Yourself/Key to Managing Stress (ACS, building 82)

**Monday**, 10-11:30 a.m.: Volunteer Management Training- VMIS Workshop (Soldier Service Center, building 253)

**Monday**, 6-8 p.m.: EFMP Meet, Greet, Roll & Bowl (Marne Lanes)

**Tuesday**, 9-11 a.m.: Before Baby Arrives (ACS, building 82)

**Tuesday**, 10 a.m.-2 p.m.: Outreach Create & Connect Quilting Group Meeting (Soldier Service Center, building 253)

**Tuesday**, 1-3 p.m.: Resume Writing Workshop (ACS, building 86)

**Tuesday**, 2-4 p.m.: Infant Care (ACS, building 82)

**Tuesday**, 6-8 p.m.: Families in Action (ACS, building 82)

**March 9**, 9-11 a.m.: The Five Love Languages (ACS, building 82)

**March 9**, 9-11 a.m.: Keeping Your Bank Account in Check (ACS, building 86)

**March 9**, 9-11:30 a.m.: Families Achieving Communication Tactics for Success (F.A.C.T.S.) Workshop- Getting Your Message Across (ACS, building 87)

**March 9**, 1-3:30 p.m.: FRG Leader & Treasurer Course for commanders/First Sergeants (ACS, building 87)

**March 9**, 2-4 p.m.: Fly Lady- Organizational Guru (ACS, building 82)

**March 9**, 2-4 p.m.: Infant Massage (ACS, building 82)

**March 10**, 9-11 a.m.: 10 Tools for Your Parenting Toolbox- Multiple Ways to Parent (ACS, building 82)

March 10, 9 a.m.-3:30 p.m.: Advanced FRG Training (ACS, building 87)

**March 10**, 1:30-3:30 p.m.: Financial Planning for PCS (Soldier Service Center, building 253)

**March 10**, 2-4 p.m.: Chasing Toddlers (ACS, building 82)

**March 10**, 6-7:30 p.m.: ERMP Hearing & Vision Loss Seminar (ACS, building 86)

## Free Classes offered at Hunter

**Thursdays**, 1-2 p.m.: Newcomer's Windshield Bus Tour (ACS, building 1286)

**Tuesdays**, 10-11:30 a.m.: Play Morning (CYSS Youth Services, building 8805)

**Monday**, 1:30-4:30 p.m.: Resiliency Training for Family Members- Building Mental Toughness, Module 2, Units 6 & 7 (ACS, building 1286)

**Tuesday**, 9-11 a.m.: Resume Writing Workshop (ACS, building 1286)

**Tuesday**, 9-11 a.m.: 10 Tools for Your Parenting Toolbox- Multiple Ways to Parent (ACS, building 1286)

**Tuesday**, 2-4 p.m.: Chasing Toddlers (ACS, building 1286)

**Tuesday**, 2-4 p.m.: Infant Massage (ACS, building 1286)

**March 2**, 1-2 p.m.: Korea Overseas Briefing (ACS, building 1286)

**March 2**, 2:30-3:30 p.m.: Germany Overseas Briefing (ACS, building 1286)

**March 3**, 9 a.m.-12 p.m.: FRG Leader & Treasurer Course for Commanders/1st Sergeants (ACS, building 1286)

**March 7**, 9 a.m.-3 p.m.: Check Yourself Before You Wreck Yourself/Key to Managing Stress (ACS, building 1286)

**March 7**, 1:30-4:30 p.m.: Resiliency Training for Family Members- Building Character Strengths, Module 3, Unit 1 (ACS, building 1286)

## AER Campaign begins

The Fort Stewart-Hunter Army Airfield community kicked off the 2011 Army Emergency Relief Fundraising Campaign which will run March 1-May 15. The AER provides interest-free loans or grants during times of emergency to active-duty Soldiers and retirees, single or married, and Family Members as well as surviving spouses and orphans of Soldiers who died while on active duty or after they have retired. This year's fundraising goal at Stewart-Hunter is \$200,000. To make a contribution to the Stewart-Hunter AER, please call (Stewart) 912-767-5058 or (Hunter) 912-315-6816.

## Hearing, vision loss seminar slated

The Fort Stewart Exceptional Family Member Program will host a hearing and vision loss Seminar at ACS, building 86, from 6-7:30 p.m., March 10. A representative from Georgia Council for the Hearing Impaired, Inc., will discuss the disability as well as information that relates to EFMs and their Family Members. Space is limited, advance registration is required. For more information, call 912-767-5058.

## Understanding insurance class offered

The Understanding Insurance class, at Stewart ACS, building 86, will be held 9-11 a.m., March 17. Learn about the different types of insurance, how to evaluate a policy, the differences between types of policies, and how to determine your actual insurance needs. For more information, call 912-767-5058.

## FRG training scheduled for Stewart, Hunter

Stewart ACS will conduct the Advanced FRG Treasurer Training, covering rules and regulations that govern the FRG Information Fund and Supplemental FRG Funds, 9 a.m.-3:30 p.m., March 10 at building 87. The FRG Basic Course at Hunter, building 1286, includes an overview of the FRG, tasks during the deployment cycle, and more. For more information, call (Stewart) 912-767-5058 or (Hunter) 912-315-6816.

## Learn how to retain volunteers

The Hunter ACS will conduct Volunteer Management Training- Retention and Recognition, building 1286, March 10, 9-10:30 a.m. Learn effective ways of retaining volunteers through positive feedback and recognition of their service. For more information, call 912-315-6816.

## Volunteer spotlight!



**Name:** Malissa Benavente

**Activity/Unit Volunteering for:** 92nd Eng. Bn., 984th Eng. Co.

**Spouse's Unit:** 984th Eng. Co.

**Hometown:** Syracuse, NY

**Volunteer Title:** FRG Treasurer

**Why do you volunteer?** I volunteer because I like helping Families of our Soldiers. I stand behind our Soldiers and I support my husband whenever I can!